

Mystical Journey to Avalon Women's Tour of England July 16 – 22, 2011



Locally Hosted by Koko Newport, Priestess of Avalon

Mother Earth is changing and shifting and so, too, are we. We invite you to join us on our mystical tour to visit England, one of the most powerful and enchanting places on the Earth, where we will be able to tap into that primal Earth energy and reestablish our relationship and connection with Nature. England is a land teeming with sacred sites such as that of Stonehenge, Glastonbury Tor, and the numerous crop circles, but there is so much more to these places than meets the eye. To see it, one must look with the heart.

England was once known as the Land of the Unseen – the seat of Faerie. Although the time when we walked together as One has long since passed, the time is coming when we are asked to reconnect with our Earth Mother and rediscover our True Self. The veils between the two worlds are unusually thin here in England and we are going to connect to the nature spirits of the land. They are waiting to welcome us. They stand forth with their loving support, as we stand forth to support the transformation of our planet.

The powerful history and energy of London is not to be discounted. Time to explore this merry old city is included as well. We will visit sites unique to our purpose and intention such as the Temple of Diana and St. Paul's Cathedral. Time for independent exploration of popular tourist sites is given.

Body Mind Spirit Journey's unique experience in England offers you profoundly life transforming moments and priceless surprises. The effect of visiting such places as Stonehenge and the sacred sites in Glastonbury with such intention will continue to resonate deeply within you for the rest of your life. The impact that you will have on effecting positive energetic change for the good of the whole will be invaluable.

The year is 2011, the year for outrageous expectations. Let this be the beginning for you, for the time is now to set new intentions thereby creating a new foundation for the coming Age.



Your Shamanic Guide & Priestess

Your Spiritual Host in Glastonbury: Priestess of Avalon, **Koko Newport**, Mother, Grandmother, teacher, healer, shaman and manifester of dreams, has studied with many spiritual teachers in search of balance and wholeness. *Koko is passionate about sharing with you the wonders of the major sites of Stonehenge, as well as the secret gentle places of Avalon.*

Featured Hotels or similar

Glastonbury: The Pilgrims Bed and Breakfast Inn

London: Millennium Gloucester

THE TOUR PRICE INCLUDES:

- Transfer between Bristol's Airport and Glastonbury
- 3 nights in Glastonbury
- 2 nights in London
- Hotel taxes and VAT service charges
- Airport transfer from London hotel to Heathrow Airport
- 5 breakfasts, 3 dinners

TOUR HIGHLIGHTS:

- Special Stone Circle access to Stonehenge for sacred meditation
- Visit Glastonbury Tor and Glastonbury Abbey
- Visit the Chalice Well
- Crop circle tour
- Have meditation time at sacred sites
- Take a sightseeing tour of London

• Enjoy an Elizabethan banquet as your farewell dinner

TOUR ITINERARY

(B = Breakfast; L = Lunch; D = Dinner)

Day 1, Saturday, July 16: Depart USA/Flight to Bristol Airport

Arrange your own flight reservations for the overnight trip into Bristol's Airport, making sure that your return flight departs from London's Heathrow Airport.

Note: Body Mind Spirit Journeys will be happy to assist you with your flight plans.

Day 2, Sunday, July 17: To Glastonbury – Tour Begins/Welcome Dinner (D)

Arrive in Bristol's Airport by 10:30am to take your transfer. You will be met by your tour representative who will accompany you on the drive through the English countryside. Continue to magical Glastonbury, the site of ancient Avalon. Check into your hotel in the heart of the city, with time to rest and relax before your getacquainted dinner this evening.



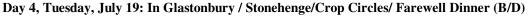
Day 3, Monday, July 18: In Glastonbury / Glastonbury Tor/The Chalice Well (B)

For centuries, Glastonbury has been the gathering place for priests and priestesses of the ancient Druidic and Celtic traditions, as well as one of the holiest places in Christendom. It has also been a megalithic center—a place of the Goddess. This day starts with an exhilarating meditative walk up the Glastonbury Tor, home of the King of Faerie called Gwyn Ap Nudd. We will gather for a circle meditation to commune with the fairies of this place. Let us open our hearts and minds to hear their voices and align with Mother Earth's loving and supportive energy.

You then continue to the famous Chalice Well at the foot of the Tor. During the Middle Ages, Glastonbury gained a reputation as a place of healing, and pilgrims came to the well to take advantage of its curative powers. The waters of both the Red Spring (or Blood Spring) at Chalice Well and the adjoining White Spring still maintain a reputation for their cleansing, healing and transformative qualities, which you may want to test for yourself. See if you can feel and hear the water elementals and nymphs that inhabit this garden. The rest of the afternoon and evening are on your own to enjoy the magnificent gardens or to walk around Glastonbury, and later have dinner on your



own at one of the town's quaint restaurants. Return to Chalice Well later in the evening for Initiation and Integration of those Earth Energies that we have experienced today.





After breakfast, it's off for a special day of sacred journeying as you depart for Stonehenge on the Salisbury Plain, the world's best-known stone monument from the Megalithic Age. Although we will never know exactly who the architects were who planned Stonehenge, the face sculptured into the side of trilithon stone 54 does give us cause to wonder if he or she was so influential that his/her facial features weren't placed here to be preserved

forever. Another theory is that this could also be a representation of the Divine Marriage, the concept of Sacred Marriage between an Earth Mother and Sky Father, a universal theme in early or primitive agricultural- and goddess-oriented societies. One of the great trilithon stones has numerous axes carved into it and another has a mother-goddess type image carved in relief. Koko will lead us in a Divine Feminine Initiation among the magical stones and their powerful energies. This will culminate in a special blessing for Mother Earth.

In the afternoon we will explore the Crop Circles. Busty Taylor will guide us through these mysterious geometric symbols, which form in fields of grain, and have no known origin. The county of Wiltshire and surrounding areas have seen these uncanny figures for over 20 years. You will see the grassy whorls that are set into the fields of rape, barley and wheat like huge fractal-like designs. We will enter at least one of the circles to have a private meditation to connect with and experience the other-dimensional energies that many researchers believe form them. What message are they trying to communicate to us? Is Mother Earth or some higher-dimensional beings trying to tell us something? Can you feel the difference in energy



from one circle to the next? Who or what created them and Why? What part do you play in this mystery, as there are no coincidences in the Universe and you have been guided to come here for a reason? What does this mean for our shift in planetary consciousness?

Tonight we will gather together for our Farewell Dinner in Glastonbury.

Day 5, Wednesday, July 20: To London / London Highlights Tour (B)

You have a leisurely breakfast before a late-morning checkout. By train to London, arriving in the early



afternoon for an introductory tour of London including with an emphasis on powerful sites like the Temple of Diana in Central London and St. Paul's Cathedral. The present St. Paul's Cathedral was built on a lunar site traditionally recognized as being ruled by the Moon Goddess and Goddess of Hunting, Diana. The site is also connected with the King Lud, who gave his name to the present day Ludgate Circus and Ludgate Hill, on which St. Paul's Cathedral stands. Does the past have something to teach us? Were these originally built by a consciousness that was in harmony with the Earth? For dinner on your own, you could choose to enjoy traditional London pub food, to try excellent Indian cuisine, or sample any other cuisine that strikes your fancy this evening.

Day 6, Thursday, July 21: In London / Independent Exploration / Farewell Medieval Banquet (B/D)

Today we will be off to an early start in order to have a shopping experience in Camden Town at the Camden Lock, one of London's most popular markets. London is home to a plethora of outdoor and covered street markets, most of them dating back to medieval times. Camden is Britain's 4th largest retailer; it sells general goods, music, crafts, jewelry, incense, clothing and bric-a-brac.

The rest of the day is yours for independent exploration, with free time for lunch. You might want to visit Westminster Abbey or Parliament. In the early evening, depart for your special farewell dinner, an Elizabethan banquet, located within a 2-minute walk of Tower Bridge



for a panoramic view of London. A 4-course banquet, complete with a troupe of entertainers, will engage you with songs and spectacle in authentic period style.

Day 7, Friday, July 22: Depart London / Return to USA (B)

Transfer to the Airport for your return flight to the US.

TOUR PRICES:

** Bonus! SAVE! You will receive a 5% discount if <u>ALL payments</u> are made by check or money order. This discounted price is noted below in red.

LAND TOUR PRICE - Per Person, double occupancy

\$1,699 payments via check or money order **\$1,788** payments via credit card.

PLUS: (to be added to above price)

Pre-Paid Gratuities:

\$60 payments via check or money order

\$63 payments via credit card

Single Room Supplement:

\$499 payments via check or money order

\$525 payments via credit card

NOTE: The Single Room Supplement applies for those who would like to secure a private room throughout the tour.

Roommates: We will be happy to try to find a suitable roommate for those who are traveling alone and would like to share a room. Per our Terms and Conditions, registration for the tour will be held open until 4 weeks before the departure date in order to try to match everyone with a roommate. If, by that date, we have not been able to match you with a suitable roommate, you will be responsible to pay for the single supplement. An early registration will facilitate this process.

Travel Insurance: Body Mind Spirit Journeys highly recommends the purchase of Trip Cancellation/Interruption Travel Insurance, and we therefore provide you with an easy way to contact BMSJ's preferred insurance provider, Access America. If you need additional information or have questions, please call Access America directly at 800-284-8300, and refer to code F025323.

Important: This is a reservation form for the above described program. This itinerary is subject to change due to circumstances beyond our control. You will be provided a complete tour registration form to sign and return. Please read the terms and conditions that are attached to that paperwork.



RESERVATION FORM FOR:

Mystical Journey to Avalon Women's Tour of England July 16 – 22, 2011

Please complete this registration form, sign and mail it with your payment

Name (Exactly as it appea	rs on your passport - please print)				
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NOTE: A separate Registra	ation is required for each traveler. V	Ve suggest	t you photocopy	this for	your records.
If you would like to make	your deposit, or Full Pay	ment by o	credit card, plea	ase fill i	n the following:
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Address (if different from a	bove)				
Type of card:	Credit Card #:		Expiration	Date:	
Signature	opy for yourself.				

Please mail this completed reservation form and your \$300.00 deposit payment, or () Charge \$300.00 to card above:

Body Mind Spirit Journeys 284 South Main Street - Suite 1000 Alpharetta, GA 30009 USA