

TOUR PRICES: per person, double occupancy, LAND ONLY (no flights)

	Main Tour	Optional Tour
Check	\$2,299	\$75
Credit Cards	\$2,420	\$79

PLUS: (to be added to the above prices)

	Gratuities	SGL Supplement
Check	\$125	\$275
Credit Cards	\$132	\$289

Note: The single supplement is ONLY for those who would like to secure a private room throughout the tour, at the indicated additional price. If you are not traveling with anyone you know and would like to share a room, we will be happy to work to find you a suitable roommate. Per our Terms and Conditions, registration for the tour will be held open until four weeks before the departure date in order to try to match everyone with a roommate. If by that date we have not been able to match you with a suitable roommate, you will be responsible to pay for the single supplement. An early registration will facilitate this process.

Tour does not include the following: International Airfare, Cancellation & Medical Insurance (information will be provided upon registration), Meals and drinks not included, as indicated in the itinerary, Cost to obtain valid passport, Any items of a personal nature such as laundry, drinks and telephone, Any item that is not detailed on our website or in the final trip itinerary

Terms & Conditions

Reservations and Payments: A deposit of \$300.00 per person (plus \$100.00 per person for any pre or post tour extensions) along with a completed and signed application must be submitted with the reservation to confirm the trip. **Registration for all tours is required 60 days prior to departure.** Late registrations will be "on request" and will be subject to space availability of flights, accommodations and transportation. BMSJ will notify you if space is available. You may also be responsible to pay a **late booking fee** for any reservations that are made. Immediate **payment in full** for all tour package pricing and additional late booking fees will be **required via bank wire transfer** before any reservations are made. Therefore, we highly encourage you to book early to avoid disappointment and/or additional fees. **Final payment** for all tours is **due 2 months prior** to departure. Please note the additional payment and remaining balance schedule on your statement. **For all passengers:** Payments made **less than 45 days** before departure must be made with **certified check or money order** mailed Priority or Overnight Delivery, or credit card. An early registration assures you of your place on the tour. Therefore, we highly recommend that you submit your registration deposit as early as possible. **LAND ONLY** tour packages: You are responsible to make your own flight arrangements to meet the group in the city where the tour begins. If your flight arrival and departure times do not coincide with those of the group and you need an individual transfer to and/or from the hotel, or additional hotel bookings, BMSJ will make these arrangements for you and bill you for the additional cost. **Cancellations and Refunds: ALL Passengers:** 90 or more days prior to departure – cancellation fee of \$150 per person; 89-61 days prior to departure – cancellation fee of \$300 per person; 60-0 days prior to departure – cancellation fee of 100% of tour price per person. These fees are in addition to any penalties imposed by airlines, hotels, or cruise ships. BMSJ highly recommends trip interruption/trip cancellation insurance. See **Insurance Protection Plan** below. **Credit card payment:** RMC accepts American Express, MasterCard, Visa and Discover. **Tour Pricing:** RMC offers a **5% discount on the published Tour Price if ALL payments are made by check or money order.** This discount will be listed as a credit on your final statement. Quoted prices are based on the Tour origin/location indicated in the tour itinerary page and registration form. BMSJ will always be happy to assist you with any flight arrangements. The advertised cost for each tour is based on an established minimum level of participation. Should the group for any tour fall below this number, each traveler MAY be assessed a surcharge. **IF** this is enacted, the surcharge amount is dependent upon the final number of persons traveling in the group. BMSJ makes every effort not to have to enact a surcharge, but if we do, we keep it as small as possible. If assessed a surcharge, you will be notified of the amount at least three weeks before the departure date. Payment is due upon notification, and must be received in our NY office 14 days before the tour departure date in order for your final tour documents to be mailed out in a timely manner. If the payment arrives later and necessitates that BMSJ mail your documents with expedited service, you will be responsible to pay for these costs. Should the trip fail to achieve minimum participation, BMSJ reserves the right to cancel the tour, and BMSJ will refund in full any payments received. **Required Tour Documents:** A valid passport must be held by each passenger. Applicable visas or visa information for countries other than the United States or Canada will be provided as required. In countries where an entrance visa is required and BMSJ is procuring that visa, the cost of the visa will be assessed to the passenger. Otherwise the passenger will be given information about how to obtain the visa at their own expense. **Revisions and/or Changes to pre or post-tour individual arrangements booked for passenger by BMSJ:** There will be a \$100 nonrefundable deposit per person to initiate the itinerary. If the itinerary is accepted by the passenger, this will be applied toward the final cost. No research will be done until the deposit has been received. Once accepted, there will be a charge of \$20 for each additional email, phone call or fax to change the itinerary. This charge is over and above any charges imposed by airlines, hotels and/or ground operators. **Accommodations:** Based on twin-bedded rooms (or cabins if the tour contains a cruise) with bath or shower as indicated. You are assigned accommodations as the guest of the facility selected. The tour operator reserves the right to substitute hotels of similar category. **Meals:** Meals will be provided as per the final trip itinerary. Any foods or beverages not included in the program and purchased by you will be at additional cost. Tour price includes only foods and beverages that are provided to the entire group. **Sight-seeing:** As specified in itinerary. Entrance fees are included. Note: In some cases, to maximize sites to be visited, BMSJ will combine your tour group with a standard sightseeing tour. This is done on rare occasions so as to enhance the tour program. **Land transportation:** As specified, by modern air-conditioned (where required) coaches. **Air:** All airline tickets are subject to each carrier's Terms and Conditions as to passage and cancellation fees. Tours are sold in conjunction with the services of these approved carriers. **Fuel Surcharges:** With oil prices approaching record levels, airlines are beginning to charge fuel surcharges. Any fuel surcharges imposed by the carriers we use, after tours have been priced, will need to be passed on to the passenger. You will be advised of the surcharge by invoice; payment is due upon notification, and must be received in our NY office 14 days before the tour departure date in order for your final tour documents to be mailed out in a timely manner. If the payment arrives later and necessitates that BMSJ mail your documents with expedited service, you will be responsible to pay for these costs. **Not Included:** Items of a personal nature such as laundry, drinks and telephone calls, as well as any item that is not specifically detailed in the brochure or final trip itinerary. **Consumer Disclosure Notice:** BMSJ and/or their agents act only in capacity as agents for the passenger in all matters connected with hotel accommodations, sight-seeing tours and transportation, whether by air, rail, bus, motorcar, boat or any other means and as agent holds itself free of responsibility for any damage occasioned by any cause. BMSJ and its agents will not be responsible for any damages, expenses or inconveniences caused by late departures or change of schedule, strikes or to their conditions, nor will be responsible for loss or damage to baggage or any of the passenger's belongings. All prices quoted are correct at time of brochure printing, include the cost of operation of the tours, and are subject to currency and airfare changes. BMSJ, its parent corporation and affiliates, officers, employees, servants and agents shall not be responsible for personal injury, death or property damage as a result of force majeure or for any other losses or damages incurred by any person or tour participants caused by any delay or change of itinerary or arising out of any act, including, but not limited to, any act of negligence, any person acting for or on behalf of BMSJ for transportation, accommodation or sight-seeing provider or any other person or entity rendering any of these services or accommodations being offered in connection with these tours. **Any dispute arising out of these tours, must be submitted in writing within 30 days of the completion of the tour** and will be settled by arbitration within the City of New York.

Insurance Protection Plan: We strongly recommend **TRAVEL INSURANCE** to protect against cancellation fees and additional travel expenses that may incur before, after or during the trip. With your reservation confirmation, BMSJ will send complete details on its insurance program.

Body Mind Spirit Journeys

A Division of RMC Travel

P. O. Box 448; Montauk NY 11954

REGISTRATION FORM page 1 of 2

BMSJ "On Your Own" to Italy: October, 2010

Your Selected Departure Date (circle 1 only): **October 6, 2010** or **October 13, 2010**
Please complete this registration form, sign and mail it with your payment

IMPORTANT: Checks must be made payable to "RMC Travel".

Checks not made out in this name will not be accepted by our bank and will be returned to you to replace.

Mail your signed registration form and \$300 (\$315 via credit card) deposit to:

Body Mind Spirit Journeys

P.O. Box 448

Montauk, NY 11954

Name: _____

NOTES: 1) The name you use must be exactly as it appears, or will appear, on your passport. If you do not have a passport at the time you are registering, please complete this form and mail it to us. You can provide BMSJ with your passport information when you receive your new passport. 2) Please make sure your current passport is valid for 6 months after the tour, or until April 30, 2011.

Passport number _____ Country of Issue _____ Issue Date _____ Exp. Date _____

Date of Birth _____ Country of Birth _____ Profession _____

Mailing Address: _____ City _____ State _____ Zip _____

Phone (Work) _____ Phone (Home) _____ E-mail: _____

I am Male Female I would like double occupancy; my roommate is _____

Phone (Day) _____ E-mail: _____

If your roommate is not sending in their registration with yours, when can we expect it? _____

Accommodations

Select one please

I would like to stay at the **Assisi Retreat Center Farm**

I would like to stay at the **Hotel La Posta's Old Garden Monastery**

I would like double occupancy, but do not have a roommate. I understand that Body Mind Spirit Journeys will try to match me with a suitable roommate. I further understand that if by 30 days before the departure date, they have not been able to find me a roommate, that I will be responsible to pay the single supplement fee before the tour departure date.

I would like single occupancy. I understand that I will be invoiced for the single supplement and that payment will be due with my final payment, 60 days before the tour departure date.

Travel Insurance

I understand that Body Mind Spirit Journeys highly recommends purchase of Trip Cancellation Insurance, and that a link to our preferred Insurance provider, Access America, appears on the website.

Optional

I am registering for the optional 'Angels & Demons' Tour in Rome

REGISTRATION FORM page 2 of 2
BMSJ "On Your Own" to Italy: October, 2010

Name: _____

Additional Information

I do not have any physical limitations that require special attention.

If you do, please attach details on a separate sheet. Most situations can be accommodated, but we must know beforehand in order to make arrangements. There may be additional costs.

I require the following special diet: _____

Deposits enclosed:

Main Tour - \$300 per person (\$315 via credit card)

Optional 'Angels & Demons' Tour in Rome - \$30 per person (\$32 via credit card)

I understand that **optional tours** are valid **only** in **addition** to the **Main Tour**, and are not available separately.

I understand that some or all payments made may be forfeited, based on my cancellation of this program as detailed within the "Terms and Conditions" included with this Registration Form. Should this trip be cancelled by Body Mind Spirit Journeys, all payments received will be refunded.

My signature below affirms that I have read and completely understand the Tour Itinerary, as well as Information and Conditions as stated in the "Terms and Conditions" provided herein and agree to all of the contents therein.

Signature _____ Date _____

NOTE: A separate Registration is required for each traveler. We suggest you photocopy this for your records.

If you would like to make your deposit via credit card, please fill in the following:

Cardholder Name: _____ Security Code (on back of card): _____

Credit Card #: _____ Expiration Date: _____

Signature _____ Date _____

I understand that using a credit card for **any** payment will deprive me of the 5% discount as detailed on the website

Note: Please keep a copy for yourself